



GRANDPARENTS



A BeeThe1ToHelpSomeone Annual Project

Raising Grandkids

Caring deeply for our grandchildren is a profoundly meaningful experience, yet stepping into the role of raising them brings both challenges and rewards. Increasingly known as "kinship care," more grandparents are becoming the primary caregivers for their grandchildren — reshaping the traditional grandparent-grandchild relationship. This shift often arises from difficult circumstances such as parental substance abuse, incarceration, mental illness, death, or other situations that prevent parents from providing care. In taking on this role, many grandparents sacrifice leisure, travel, and personal freedom, returning instead to the full responsibilities of parenting: managing a household, overseeing schoolwork, organizing meals and schedules, and supporting social development. Amid all of this, they must also find ways to prioritize their own well-being and self-care.

“GRAND-FINDINGS”

- *Grandparents raising grandchildren cuts across racial, geographic and socio-economic lines. In the United States, nearly 50% are White, 30 percent African-American, and 17 percent Hispanic/Latino while 1:5 live in poverty*
- *Southern States Had Higher Than Average Share of Adults (Age 30 and Over) Who Lived With Grandchildren in 2021*
- *Nationally, roughly 32.7% of grandparents live with grandchildren under the age of 18 and are responsible for their care.*
- **Louisiana** ranks as one of the top five states in the nation for grandparents raising their grandchildren. <https://www.dcss.louisiana.gov/page/466#> Louisiana Department of Children and Family Services
- *In Louisiana nearly 1 out of 3 grandparent live in poverty*
- *In Louisiana, 38 percent of grandparents caring for grandkids are White; 57 percent are African-American and, in terms of poverty, they are significantly poorer in that nearly 1:3 live in poverty.*
- *Half of Louisiana’s population 50 years and older – representing at least 85 percent of the grandparents raising grandchildren -- are living at 150 percent or below the poverty level.*
- *Grandmothers constitute the largest proportion — 63 percent — of these caregivers, and African-American families represent the majority — 57 percent of all caregiving grandparents.*
- *Research indicates kinship / grandparent caregiving saves taxpayers billions of \$dollars over other options.*
- *Evidence suggests that children in need of kinship / grandparent care have more stable living situations.*

BeeThe1ToHelpSomeone provides resources and promotes training in Mental Health First Aid, empowering individuals to become gatekeepers and first responders for mental wellness in their communities. This initiative especially supports grandparents raising grandchildren, recognizing the emotional and social challenges they face—such as stress, fatigue, and isolation—and connecting them with tools and support systems to navigate these difficulties.

www.BeeThe1ToHelpSomeone.com

Grandparents Raising Grandkids Annual Back-To-School Supplies

— SCAN for Helpful Resources For Grandparents —



HelpGuide.org



AARP for Grandparents



LA GrandFact Sheet



LAGRG.org
Louisiana Info for Grandparents

